



*“Speaking the Truth in Love”  
Ephesians 4:15*

## Culinary Adventures

I am really happy you have signed up for a day of Culinary Adventures and spiritual encouragement. We would like to start our agenda at 9:00 am, so we would like to have **Check-In at 8:30am** am in Oak Lodge.

### **Please bring:**

- Large and small mixing bowl (metal or plastic preferred)
- Measuring cups and spoons
- Whisk
- Rolling pin or wooden dowel
- Bowl spatula
- Wooden spoons
- Favorite knife (big and small)
- Cutting board
- Cheese grater
- Make sure to label all your things. We will be running them through the dishwasher before you go home.

### **Please dress in:**

- Clean clothes
- Aprons
- No long sleeves
- Something to keep hair restrained
- Shoes that cover the foot.
- You may need to write things down, so bring a **notebook** and **pen or pencil**.

Good chefs are very conscious of sanitation. So as you prepare for our day, remind yourself and fellow campers to wash hands before food prep, after touching anything not cleansed for food prep, after touching face or hair, and after using the restroom.

We will have some devotional time in God’s Word, so please bring a **Bible**. And we may break out in song, so bring your happy singing voices.

I can smell the pastries already.

In Our Lord,

Chef Krieg CEPC CEC