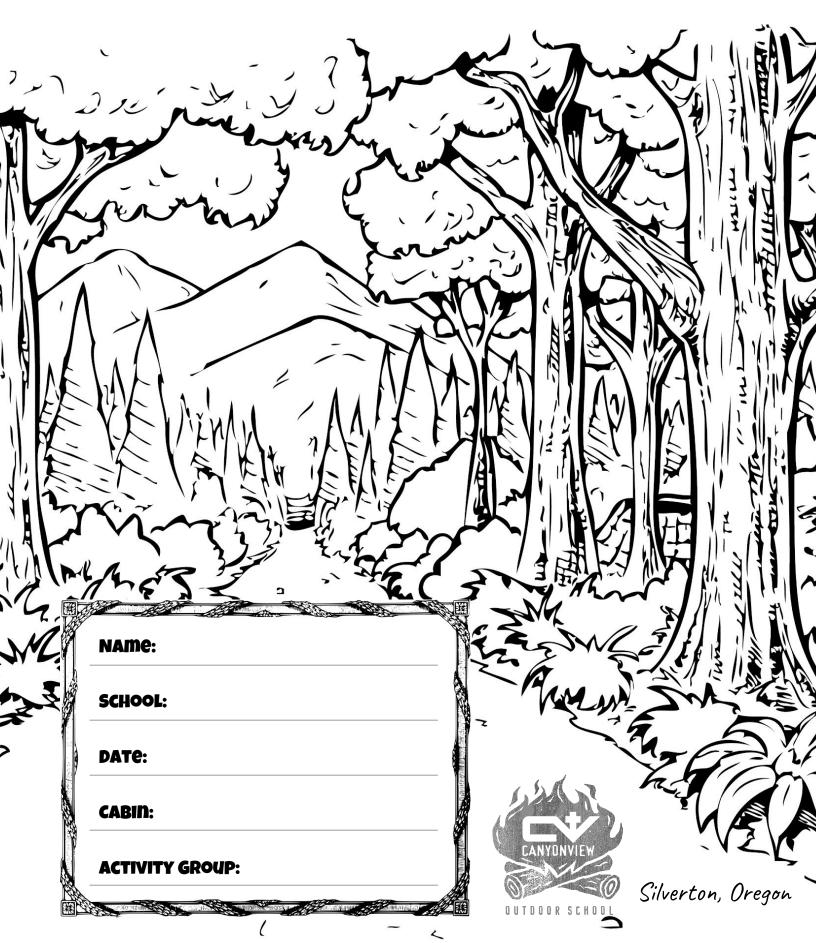
OUTDOOR SCHOOL JOURNAL



CANYONVIEW OUTDOOR SCHOOL JOURNAL

Designed by: Canyonview staff and teachers from our partner schools.

With drawings by: Tiahna Damschen & Michelle Mulkey

Inspired by: The Thinking Tree Nature Study & Outdoor Journal.

Poems by: Jeff Foxworthy, and other anonymous authors.

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HOW TO USE THIS BOOK:

- 1. Take this journal and a few pencils outside with you.
- 2. Look for something interesting or familiar like the weather, animals, habitat, plants, or flowers to draw every day.
- 3. Some days you'll want to write a poem, or draw a picture. You might want to consider writing down your thoughts or your feelings.
- 4. There are some pages meant for specific activities that you will do at Outdoor School, while others are just for fun. Enjoy!

THINGS TO THINK ABOUT WHEN YOU GO OUTSIDE

- 1. Think about how each season brings change.
- 2. Think about how the sky and clouds look.
- 3. Think about how the weather feels.
- 4. Think about the sounds you hear in nature.
- 5. Think about which animals live near you.
- 6. Think about how amazing it is when everything in nature works so well together.
- 7. Think about how life would be different if you walked around like an insect, or a bird.
- 8. Think about the way nature looks at different times of the year.
- 9. Think about how to draw every detail of what you see.
- 10. Think about how to appreciate and respect the environment around you.

PRE CAMP JOURNALING ACT	IVITY
One thing I look forward to about outdoor school is	One thing I am not sure about outdoor school is
One thing I think I will learn about science at outdoor school is	One thing I hope to learn about is
	2

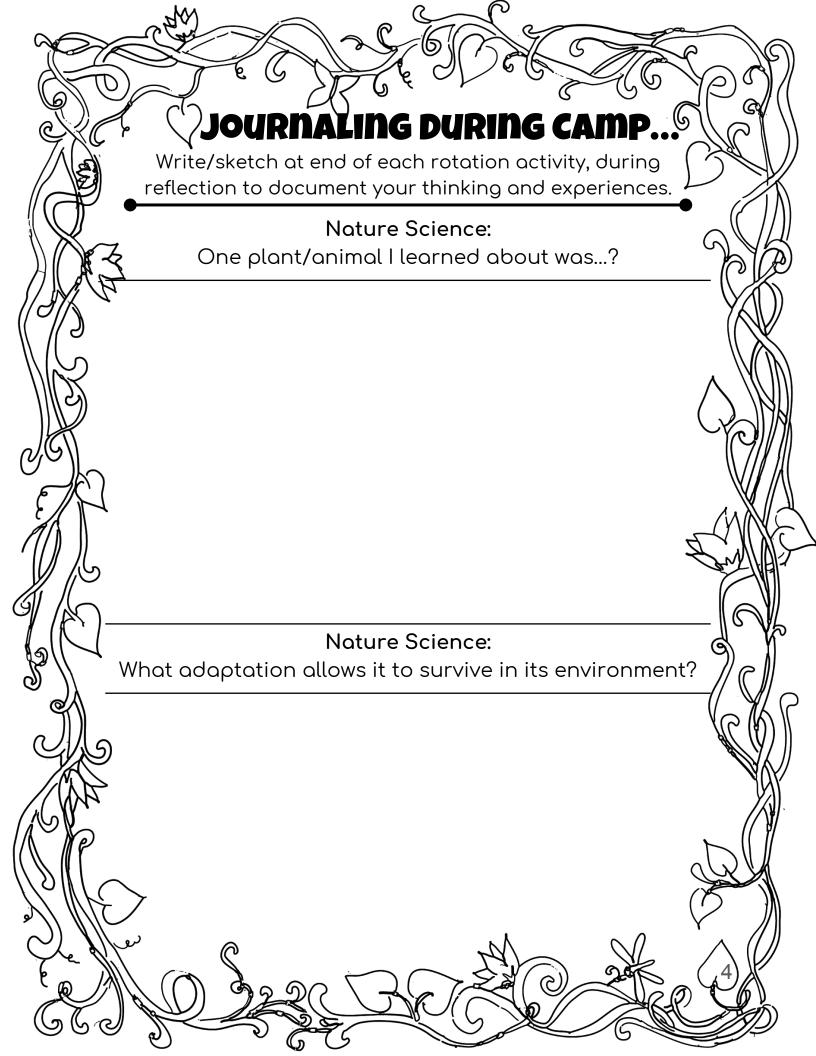
Dirt on My Shirt

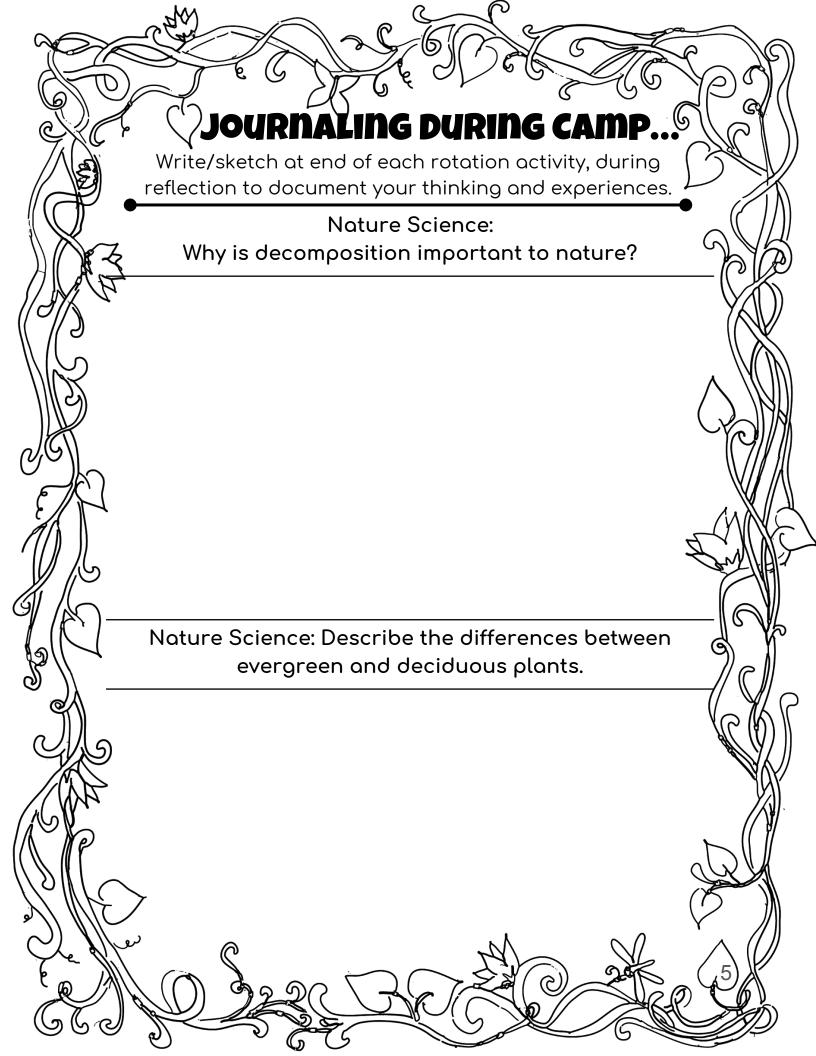
There's dirt on my shirt And leaves in my hair There's mud on my boots But I don't really care

Playing outside is so much fun To breathe the clean air And feel the warm sun

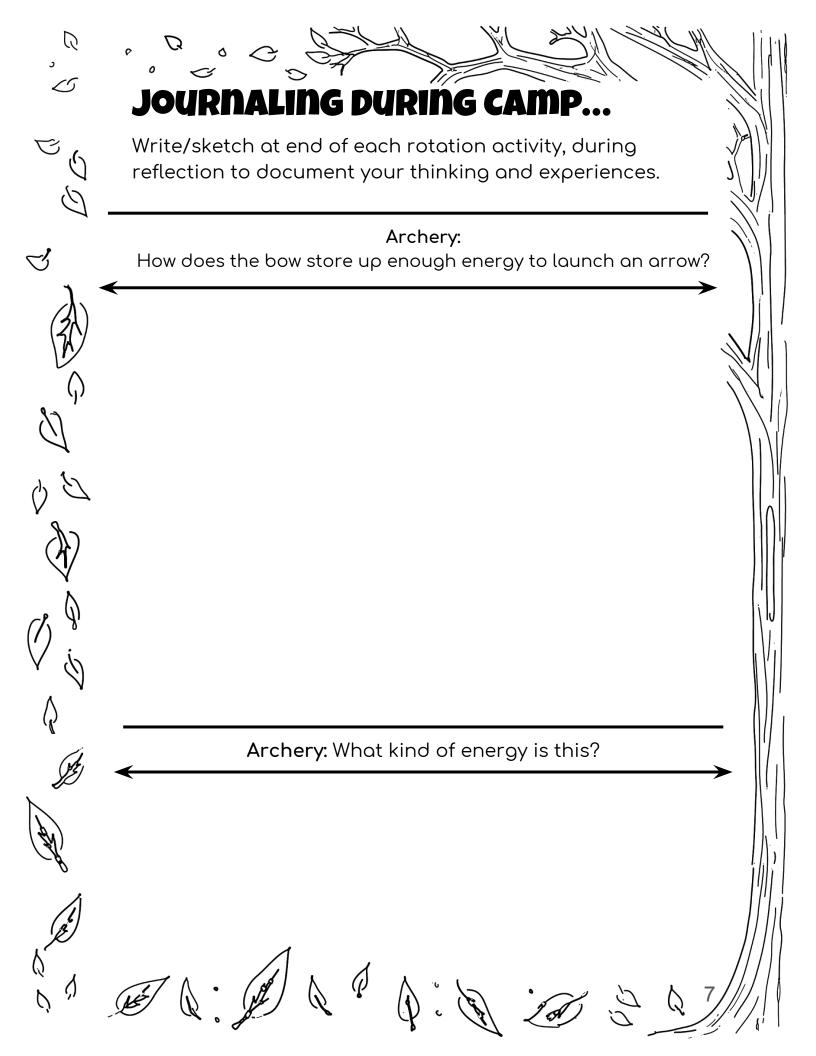
To stomp in a puddle Or climb a big tree Makes me quite happy Just look and you'll see

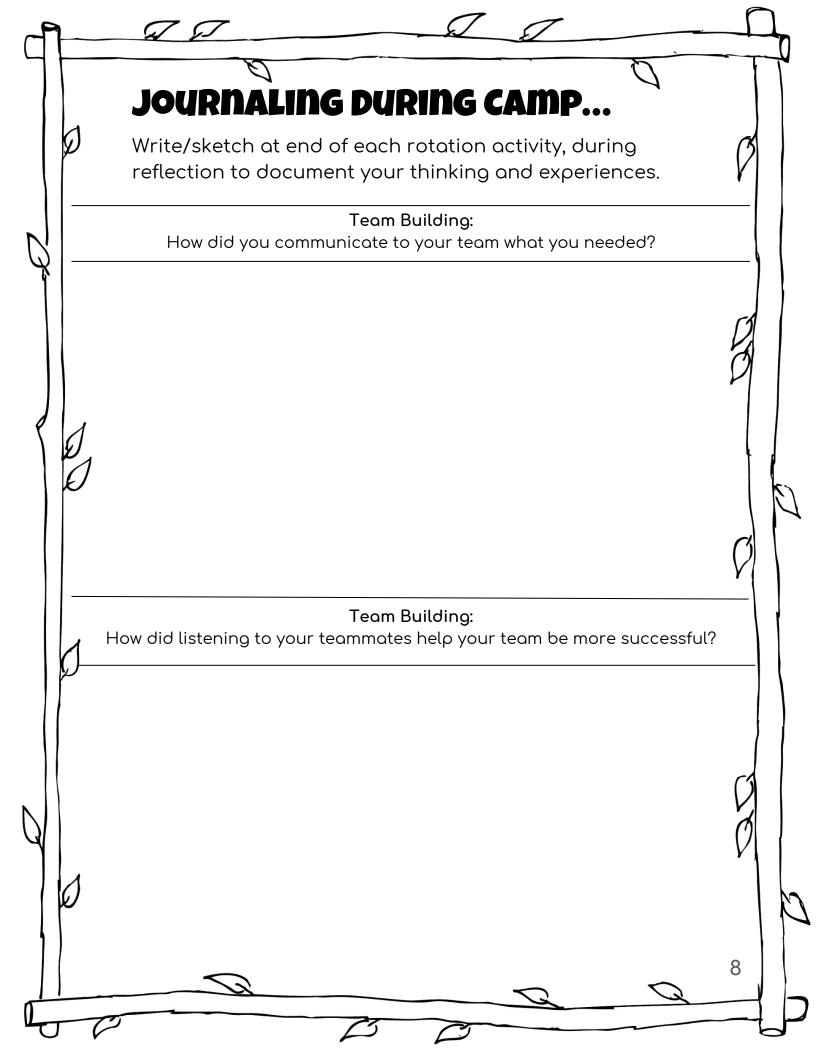
© Dirt on my Shirt by Jeff Foxworthy, illustrated by Steve Björkman

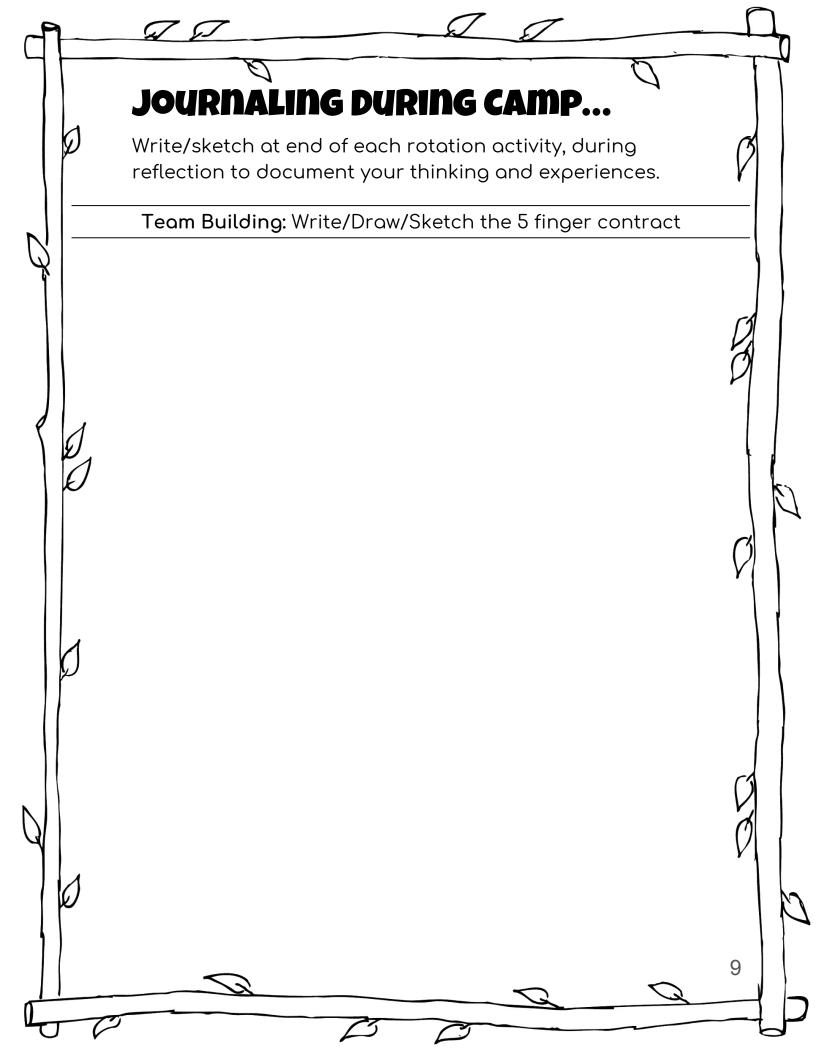




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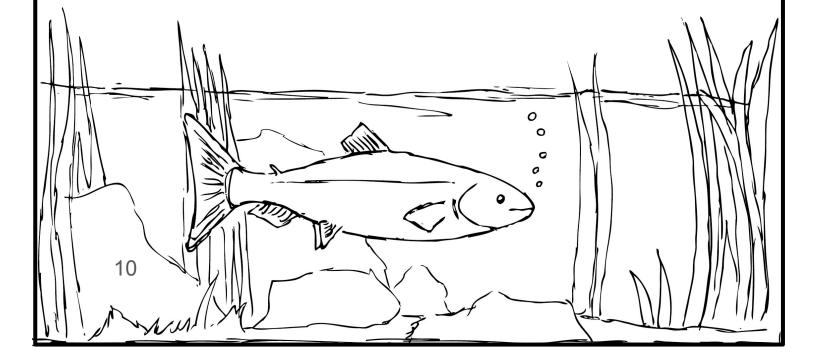




Write/sketch at end of each rotation activity, during reflection to document your thinking and experiences.

Angling: How do humans impact our environment?





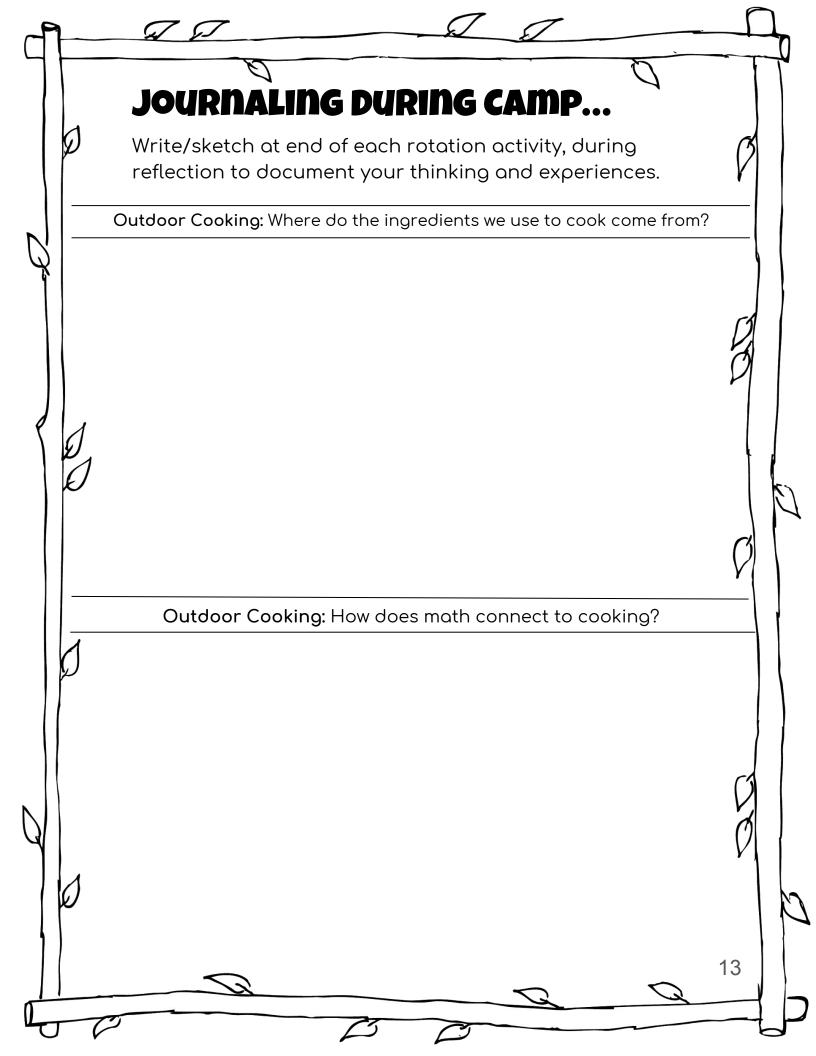
Write/sketch at end of each rotation activity, during reflection to document your thinking and experiences.

Angling: Draw/Sketch what is one of the 3 types of fish found in the lake?

Angling: How is what fish eat different than what you eat?



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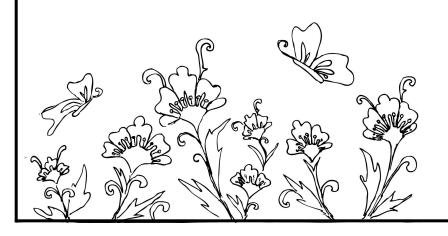
Write/sketch at end of each rotation activity, during reflection to document your thinking and experiences.

Paracord:

Was this project easier or more difficult than you expected? Explain.

Paracord:

What challenge did you face and how did you overcome this challenge?



Write/sketch at end of each rotation activity, during reflection to document your thinking and experiences.

Canoes: Why do I paddle one direction to go the other direction?

Canoes: What problem does a canoe solve?

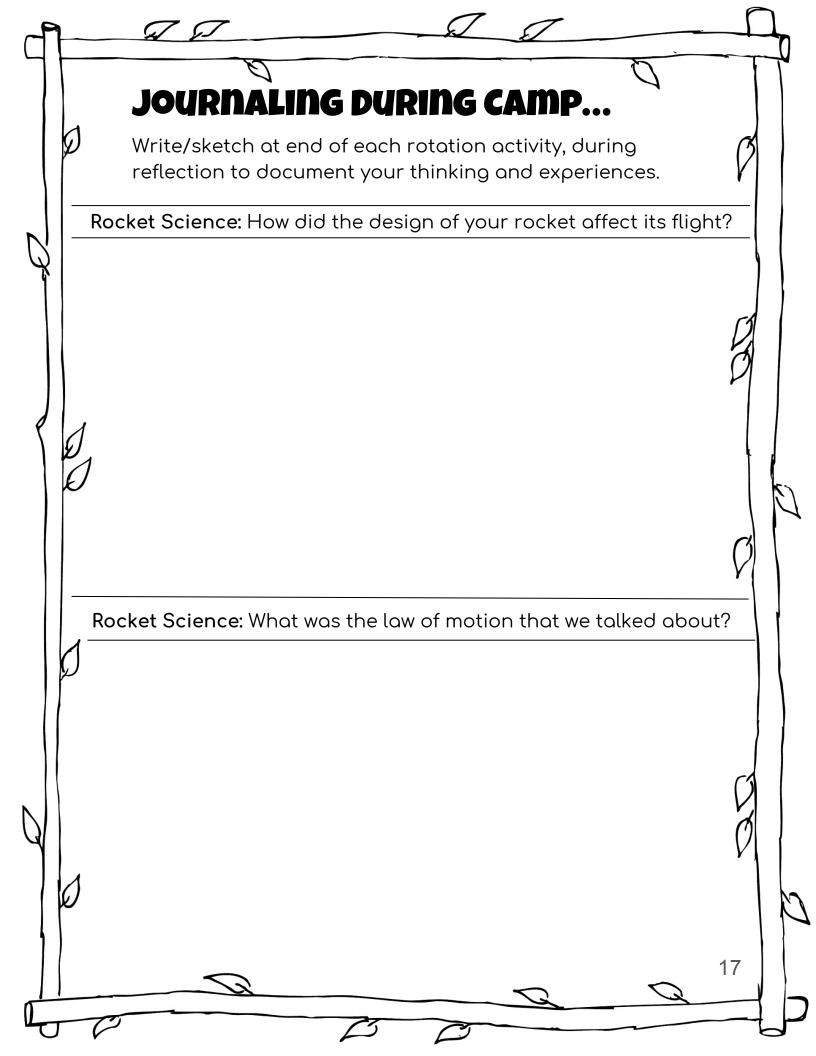


Write/sketch at end of each rotation activity, during reflection to document your thinking and experiences.

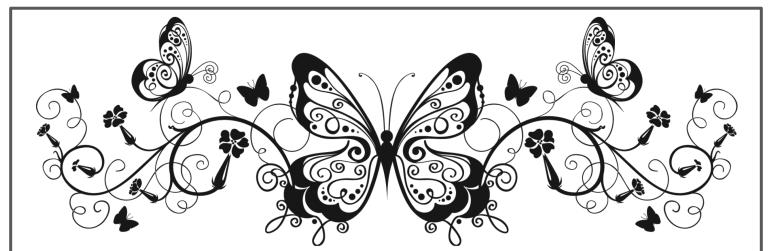
Candles: How does heat affect wax?

Candles: How does overlapping different colors of wax effect the appearance of your candle?

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Ċ		UNT POEM	S
	SOMETHING HIGH	Something in the Sky	
	SOMETHING SLOW	SOMETHING BELOW	
	something Fast	SOMETHING STILL	000
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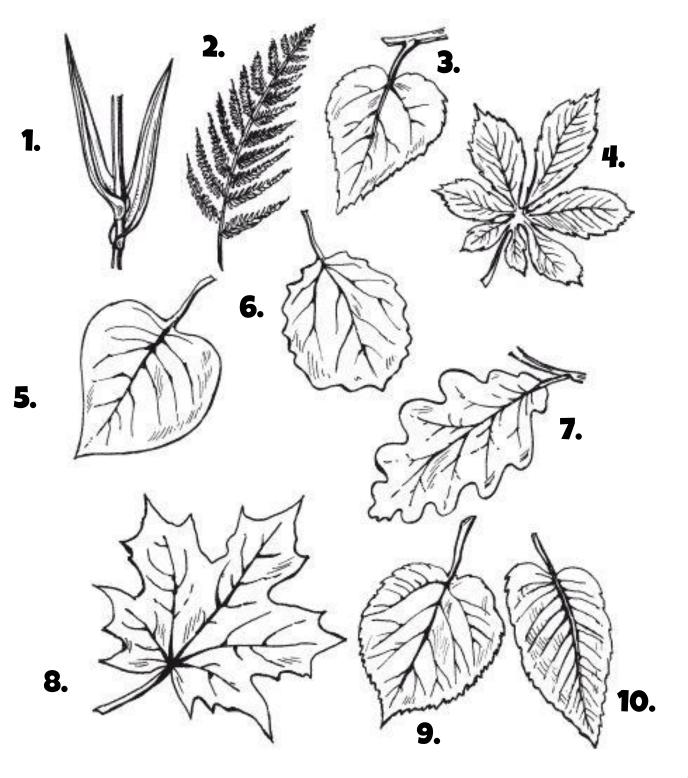


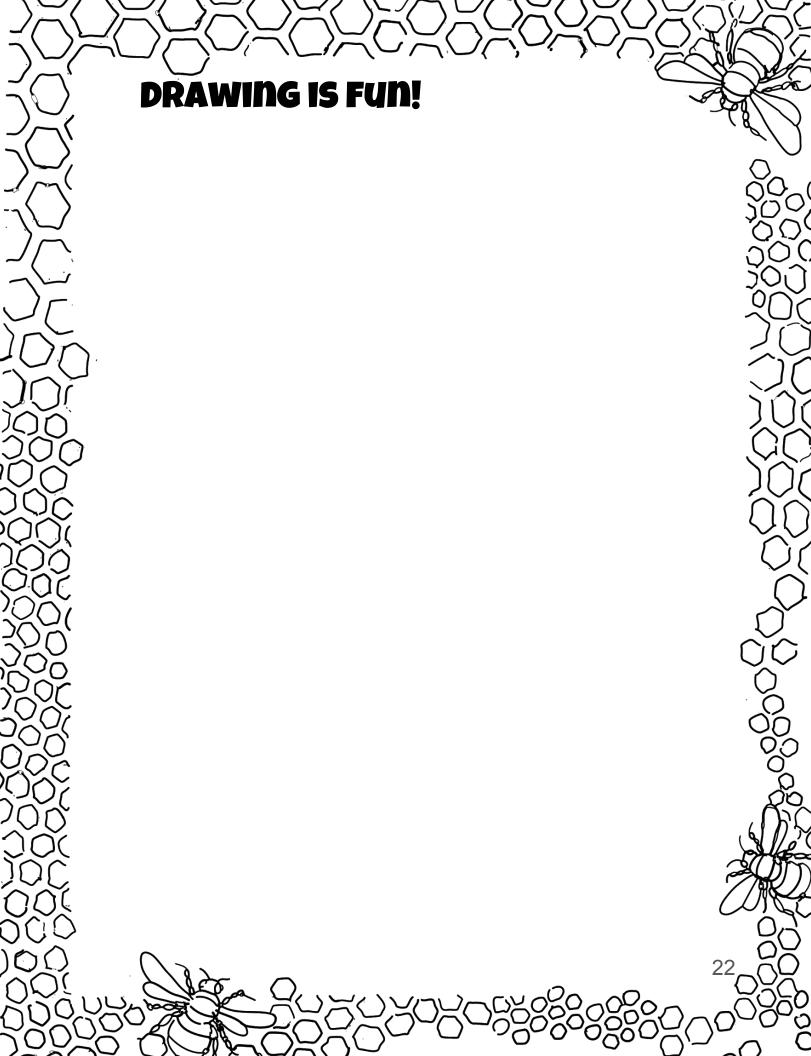
Sometimes things in nature Look like artwork to my eyes. Could it be a painter Has been painting butterflies? Their patterns are so pretty. Designed so carefully. Each wing is like the other, Matching perfectly. They flutter through the garden, Dazzling my eyes. l run right home to paint my own Beautiful butterflies.

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DID YOU KNOW...?

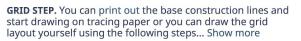
We are surrounded by plants and trees all around. Everyone of them was designed with different shapes and colors. How many leaves can you identify.?

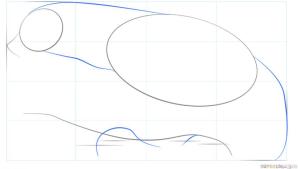




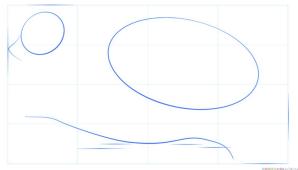
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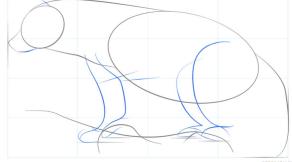




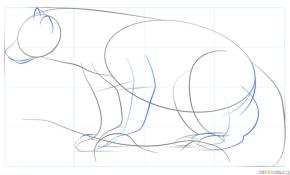
STEP 2. Draw shapes for the animal's body and neck. Add a smooth guideline for its tail. Detail the tree.



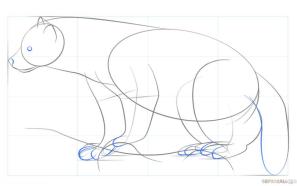
STEP 1. Mark off the width and height of the picture. Draw two ovals for the head and body of the wolverine. Draw a line, which will act as the center of its head. Add the tree.



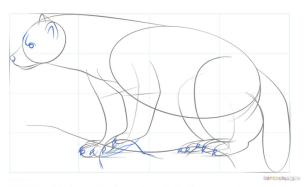
STEP 3. Use guidelines to define places for the legs, ears and snout of the wolverine.



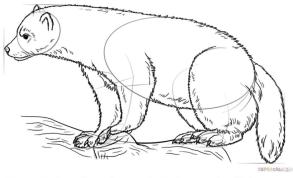
STEP 4. Sketch the legs, feet, snout and ears of the animal.



STEP 5. Draw the eyes, tail, nose and toes of the wolverine.



STEP 6. Add claws. Work on the whole figure, paying special attention to detail.



STEP 7. Contour the wolverine, trying to vary the thickness and darkness of the line. Add more detail and add the tree. Erase all guidelines.



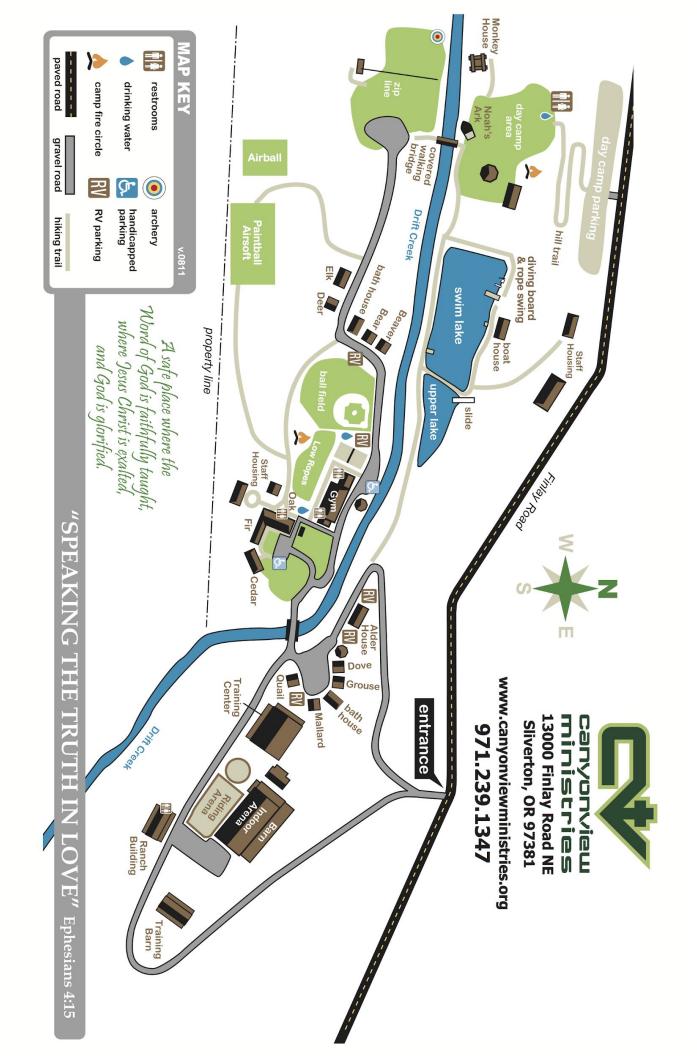


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72) Memórable Moi	
$\langle \langle \rangle$	What is your favorite memory of being	i al y
7	outside?	
	C Describe what camp looks like?))))))))))
$\mathcal{L}($	- <u>.</u>	~ 0
10	What is it like to stay in a cabin?	
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DC DC	What was your favorite camp song?	
$\frac{10}{10}$	<u>)</u>	20
$\tilde{\mathcal{O}}$	What was your favorite camp	
	Skit/story?	
200	What was the funniest thing that	
20	<pre>) happened at outdoor school?</pre>	$\dot{0}$
200	\mathcal{C}	
00	What does the creek sound like?	
$\langle 0 \rangle \langle 0 $	ζ	
20	What did you think about riding the zipline?	S Dere
	~ 	- AD
	Describe an awesome moment you had during one of the twilight games?	
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DRea	M BOATS
What do you want to be when you grow up?	What five words do you think most describe you?
	1
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Is there a role model in your life that you want to be like as an adult some day?	5. How can you help other people reach their goal?
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) — () — Fvon	ing Reflection:	
<pre>/ Even</pre>	Day 1	Day 2
One challenge I faced today was		
Γ I tackled this problem by		
I grew from this experience in that		28 5

POST CAMP JOURNALING ACTIVITY		
An example of something new I tried is	At camp, I really enjoyed	
l learned about myself.	One science concept I explored was	
	29	





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